

## **Surgery & T1D: FAQs**

### **Q: Can I keep my insulin pump and CGM on during surgery?**

**A:** It depends on the type of surgery and hospital policy. Ask your surgical team ahead of time. In many cases, you *can* keep them on — but they might need to be removed if they're in the surgical field.

### **Q: What if I go low during the surgery?**

**A:** Let your anesthesia team know you're concerned about hypoglycemia. They'll monitor your glucose and administer dextrose via IV if needed — but only if they *know* that's a risk for you, so speak up early.

### **Q: What if my blood sugar is high the day of surgery?**

**A:** Great question! Ask your surgeon in advance. Most surgical teams will postpone or cancel surgery if your blood sugar is over 250. If you're struggling, contact your diabetes team for guidance and for what is an appropriate aim (under 200?) before heading in for surgery.

### **Q: Do I need to stop eating and drinking even if I have diabetes?**

**A:** Yes, we were told that fasting is critical to prevent anesthesia-related complications. However, ask your team about how to safely fast without going low. They may adjust your insulin doses or schedule you early to minimize risk. Again, communication is key!